

What's Your Thinking Style?

This questionnaire helps you assess your tendency to use the executive, legislative, and judicial styles of thinking.

Read through the following 15 statements below. For each statement, choose a number on the rating scale below to indicate how well that particular statement describes you.

To score the questionnaire, add the numbers you chose for the questions – there are five questions each for each thinking style.

Here's the scale you will be using:

1	2	3	4	5	6	7
not well at all	not very well	slightly well	somewhat well	well	very well	extremely well

	Your score
When faced with a problem, I use my own ideas and strategies to solve it.	
I like to play with my ideas and see how far they go.	
I like problems where I can try my own way of solving them.	
When working on a task, I like to start with my own ideas.	
I like situations where I can use my own ideas and ways of doing things.	
Legislative style total score (add up the five numbers in the right column)	

1not well
at all**2**not very
well**3**slightly
well**4**somewhat
well**5**

well

6very
well**7**extremely
well

	Your score
I like to figure out how to solve a problem following certain rules.	
I am careful to use the proper method to solve any problem.	
I enjoy working on things that I can do by following directions.	
I like to follow definite rules or directions when solving a problem or task.	
I like projects that have a clear structure and a set plan and goal.	
Executive style total score (add up the five numbers in the right column)	
I like situations where I can compare and rate different ways of doing things.	
I like to check and rate opposing points of view or conflicting ideas.	
I like projects where I can study and rate different views or ideas.	
I prefer tasks or problems where I can grade the design and methods of others.	
I enjoy work that involves analyzing, grading, or comparing things.	
Judicial style total score (add up the five numbers in the right column)	

Keep in mind that we all use a variety of thinking styles, but that each of us has a preference for some over others. The more points you have in any category, the stronger your tendency to prefer and use a particular thinking style.

Compare your preferred style(s) with your partner's style(s) to see where there are differences and similarities. Depending on your styles, you will experience different issues in your relationship, but you'll also be able to identify your strengths. Once you know what both of you are good at and where you have some shortcomings, use your knowledge to create customized chore lists, project plans, goals for you as a couple, and much more – taking your strengths into account and compensating for your weaknesses or dislikes.

If you'd like to read more, check out [this article on thinking styles](https://lovemultiverse.com/are-you-matched-with-your-partner-thinking-styles/):
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